

THREE-HALF-DAY INTRODUCTORY WORKSHOP ON MOTIVATIONAL INTERVIEWING

Three-Half-Day Introductory Workshop

17, 24 September & 8 October
(Saturdays)



Dr. Paul Kong

*MINT Certified MI Trainer
Clinical Psychologist (HKICP)
Founding Chairman of CAMI*

Dr. Kong had worked and provided clinical psychology service in a local public hospital and has accumulated rich experience in the mental health services as well as in the addiction field. He dedicates his time in applying and developing Motivational Interviewing in the local context and has been invited to offer different levels of MI trainings to the healthcare professionals in Hong Kong, Macau, China, and Singapore. He is the founding chairman of Chinese Association of Motivational Interviewing (CAMI).

Motivational Interviewing (MI)

an evidence-based clinical method, a form of collaborative conversation for

- ◆ addressing the common problem of ambivalence about change; and
- ◆ strengthening a person's own motivation and commitment to change

Three -Half Day Introductory Workshop

Suits newcomers to MI or returners for revision or latest update

Over 1700 controlled clinical trials yields positive effects on a wide array of problem areas, including cardiovascular rehabilitation, diabetes management, dietary change, hypertension, illicit drug use, infection risk reduction, management of chronic mental disorders, problem drinking, problem gambling, smoking, as well as concomitant mental and substance use disorders.

| | |
|--|---|
| Date | Introductory Workshop 17, 24 September & 8 October (Saturdays) |
| Time | 9:00am – 1:00pm (8:45am - Registration) |
| Format | Virtual workshop (didactic lectures, experiential exercises, and live demonstration, etc.) |
| Fee | HK\$2,600 (Regular price) HK\$2,340 (Early Bird price) Early Bird deadline : 26 August 2022 |
| *Medium of Instruction: mainly in Cantonese | |



| | |
|---|---|
| Three-Half-Day Introductory Workshop | 17, 24 September & 8 October (Saturdays) |
|---|---|

Motivational Interviewing Network of Trainers (MINT) *is an international organization of trainers in MI. Their central interest is to improve the quality and effectiveness of counseling and consultations with clients about change.*

This workshop will provide you a good foundation of MI prior to applying for participation in the MINT-endorsed Training for New Trainers (TNT), which is a formal process and requires demonstration of participants' current ability to practice MI. Completion of TNT will give eligibility to join MINT.

What is MINT? How to become member of MINT?

The Motivational Interviewing Network of Trainers (MINT) is an international organization of trainers in motivational interviewing. The trainers come from diverse backgrounds and apply MI in a variety of settings. Their central interest is to improve the quality and effectiveness of counseling and consultations with clients about behavior change. Started in 1997 by a small group of trainers trained by William R. Miller and Stephen Rollnick, the organization has since grown to represent 35 countries and more than 20 different languages.

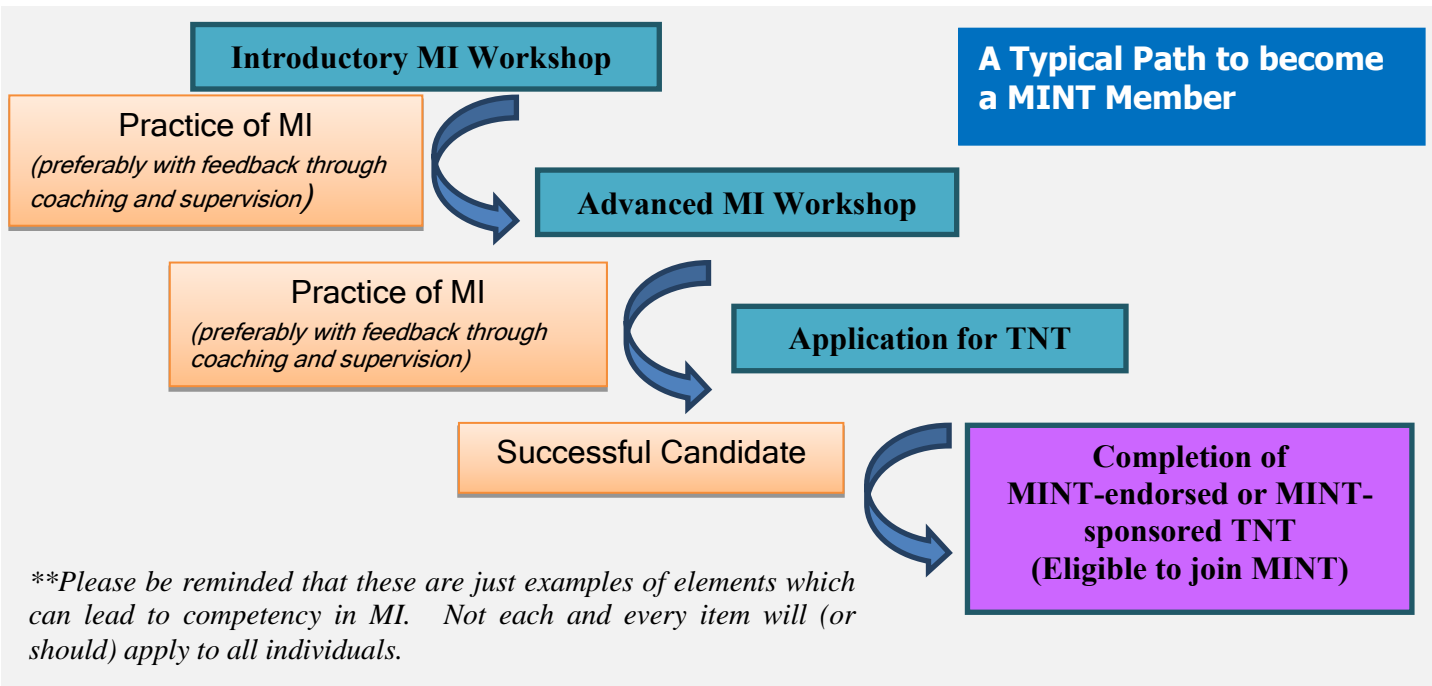
The only current way to be eligible for membership in MINT is through completing the Training for New Trainers (TNT) sponsored or endorsed by MINT. Application to a MINT-sponsored or MINT-endorsed TNT is a formal process and requires demonstration of participants' current ability to practice motivational interviewing.

The current workshop will not qualify participants to enter the Motivational Interviewing Network of Trainers (MINT) but will provide you a good foundation of MI prior to applying for participation in the TNT. Information about how to enter the MINT can be found at www.motivationalinterview.org

Introductory Workshop

This 3-half day introductory workshop is better suited to people who are new to MI or those who want an update or revision of the basics of MI. Topics include:

- ◆ *MI model and important concepts about ambivalence and change*
- ◆ *MI Spirit*
- ◆ *MI 4-process framework*
- ◆ *Teach, show, and try basic MI skills OARS and accurate empathy*
- ◆ *Giving information and advice in MI-consistent way*
- ◆ *Recognizing, eliciting, and cultivating to change talk*
- ◆ *Recognizing and softening sustain talk*
- ◆ *Recognizing and responding to discord*
- ◆ *Transiting to action planning for actual behavior change*



About the Trainer:

Dr Paul Kong is a Registered Clinical Psychologist in Hong Kong and a Certified MI Trainer of the international Motivational Interviewing Network of Trainers (MINT). He had mainly worked and provided clinical psychology service in a local public hospital in the past 2 decades and has accumulated rich experience in the mental health services as well as in the addiction field. He dedicates his time in applying and developing Motivational Interviewing (MI) in Chinese societies and has been invited to offer different levels of MI training to the healthcare professionals in Hong Kong, Macau, Mainland China, and Singapore. He is the founding chairman of the Chinese Association of Motivational Interviewing (CAMI) and is one of the translators of the Simplified Chinese version of Motivational Interviewing (3rd ed., 2013) and the Motivational Interviewing Treatment Integrity Coding Manual 4.2.1. He took a major leading role and co-trained with Professor William Miller in the first Chinese MINT-endorsed Training of New Trainers (TNT) in Hong Kong in 2018.



Details of the Three-Half-Day Workshop on MI:

| | |
|--|---|
| Date: | Introductory Workshop on Motivational Interviewing 17, 24 September & 8 October 2022 (Saturdays) |
| Time: | 9:00am – 1:00pm (8:45am - Registration)s |
| Format: | Online workshop (didactic lectures, experiential exercises, live demonstration, etc.) |
| Fee: | ➤ Regular Price – HK\$2,600 ➤ Early bird price – HK\$2,340 (Early Bird Deadline : 26 August 2022) |
| Accreditation from Professional Bodies (In progress) | |

Registration

Please return the completed form with a transaction record of one of the below payments:

- Direct Debit: HSBC Account: 030-024301-003
China Bank Account: 036-724-1-027868-8
- Wechat/Alipay:
- ♦ FPS: acc.rec@ucn.org.hk
- ♦ The organizer reserves the rights to confirm the registration.
- ♦ Please be noted that the registration fee is non-refundable.



Enquiry: 23493212 / 92604132 (Whatsapp) Email: info.ehcs@ucn.org.hk Website: www.ucep.org.hk

Title: ☐ Dr. ☐ Mr. ☐ Ms. ☐ Other (pls specify) _____

Name^:

(Last Name)

(Given Name)

^Please write the name you wish to put on the "Attendance Certificate"

Occupation: ☐ Psychologist ☐ Social Worker ☐ Counselor ☐ Doctor ☐ Nurse ☐ Physiotherapist
☐ Occupational Therapist ☐ Full-time Student ☐ Others: (pls specify) _____

Job Title:

Organization:

Address:

Phone:

Email :

Fee: ☐ HK\$2,340 (Early bird price) ☐ HK\$2,600 (Regular price)

I know this program from: ☐ via EHCS/UCN promotion (email/ website/ Facebook/ other*)
☐ from a friend/colleague ☐ via Accreditation Body _____
☐ Other _____

I ***do / do not** wish to be contacted by EHCS through email / direct mail / phone calls* for any direct marketing purposes of events and professional trainings in the future. EHCS shall not so use my personal data without my consent.
 (*please delete as inappropriate)

Signature: _____ Date: _____